



## **ROOSEVELT SCHOOL DISTRICT #66**

6000 S. 7<sup>th</sup> Street  
Phoenix AZ 85042  
602-243-4800



## **AFTER SCHOOL SPORTS HANDBOOK**

*For School Administrators, Sports Coordinators, and Coaches*

*The Roosevelt School District believes that athletics are an essential component to the school's academic program. The athletic program offers unique opportunities outside of the classroom to promote self-discipline, improved self-image, and encourage a healthy sense of competition. The development of these principles leads to athletic and academic success, and promotes character development that supports personal, social, and career success later in life. The ultimate objective of the program is for the athletes to improve their skills while learning sportsmanship and having fun.*

*Revised August 2018*



## Roosevelt Elementary School District

Dear Parents/Guardians and Athletes:

We would like to take this opportunity to welcome you to the Roosevelt School District After School Sports Program. It is the hope of the Governing Board and the Athletic Council that we meet the needs of the students and promote their physical, mental, social, and moral development.

Becoming a member of an athletic team provides an individual with many positive experiences and opportunities. It gives an individual the opportunity to gain knowledge, to learn the importance of teamwork and fair play, to develop a sense of loyalty, to promote school community spirit and develop a sense of self-accomplishment.

As in all aspects of life, rules and regulations are necessary to provide a fair and orderly opportunity for all participants. This handbook is designed to provide you with the basic rules and regulations set by the Roosevelt School District No. 66 School District Athletic Council.

Please read this handbook carefully with your student athlete. After reading the information, the Permission Form and the Parent/Student Agreement Form that are included must be signed and returned to your child's school.

Sincerely,

Roosevelt School District Athletic Council

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## **ROOSEVELT SCHOOL DISTRICT #66**

### **PURPOSES OF ATHLETICS**

Athletics are an essential part of a complete education, and the After-School Sports Program serves these educational purposes:

- Instruct students in the rules, fundamentals and skills of individual and team sports and provide physical training and physical outlets for adolescents' energies.
- Provide healthy competition and cooperation within and between schools and instill in students the principles of good sportsmanship and teamwork.
- Help to develop sportsmanship, and ethical behavior in other aspects of a student's education.

### **ROOSEVELT SCHOOL DISTRICT ATHLETIC GUIDELINES**

Participation in the After-School Sports Program at Roosevelt School District is a privilege that commands responsibility. The athletic guidelines have been established to promote the principles of fair play, mutual respect, and ethical conduct. Athletes are role models for other students and therefore have a responsibility to model behavior that displays leadership, sportsmanship, cooperation, and academic excellence. Therefore, the following guidelines are expected of all athletes within Roosevelt School District.

**All after school sports activities, including practices and games, are to be conducted under the direct supervision of the certificated employee responsible for the activity.**  
(Board Policy J-4550 © JJJ )

#### **Participation**

Student athletes will be required to submit all necessary forms, including the signed permission slip, parent/student agreement, medical release, and academic eligibility forms before they are permitted to participate.

#### **Formation of Teams**

Participation in the 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade level is primarily competition. School teams will be determined after an evaluation based on an assessment process. All athletes must attend two (2) of the three (3) evaluations to be considered for the school team unless prior notice is given. Each school will evaluate athletes. After the evaluations, athletes with the highest scores based on the assessment will be selected for the school team. If during the season any additional players are needed, only students who attended the tryouts or are newly enrolled to the school are eligible to participate.

He/she needs to attend four (4) consecutive practices before being able to play in the games. Games are considered practice.

## **ATHLETIC SEASONS**

### **1<sup>st</sup> Sport**

Boys Volleyball  
Girls Volleyball  
Cheerleading

### **2<sup>nd</sup> Sport**

Boys Basketball  
Girls Basketball

### **3<sup>rd</sup> Sport**

Boys Soccer  
Girls Soccer

## **STUDENT ELIGIBILITY**

Being a student athlete takes great responsibility to maintain good academic status. Athletes are required to check on their progress on a weekly basis. Along with a weekly report, student eligibility will be based on Mid-Quarter and Quarterly Progress Reports.

A student athlete will be deemed ineligible to compete, practice or participate with his/her respective team upon receiving a non-passing grade at his/her *instructional* level non-passing grade at his/her instructional level within any subject area and or any class taken at his/her school or for any missing/incomplete assignments as indicated on the weekly eligibility report or mid-quarter/quarterly progress reports. The duration of a student athlete's ineligibility will continue until a subsequent report indicates the student is passing at his/her instructional level and all missing assignments have been submitted to the respective teacher.

Students whose behavior presents a problem or jeopardizes school discipline may be ineligible for participation in the After-School Sports Program until such time as their behavior warrants reinstatement. A student will be deemed ineligible to compete, practice or participate with his/her respective team upon receiving an unsatisfactory mark on the behavior section of the weekly eligibility report.

The student must take responsibility for his/her own actions and eligibility. The classroom teacher is encouraged to provide the student athlete any academic and/or behavioral support necessary to assist the student in meeting eligibility requirements for play. The site principal has the authority to make the final determination on student eligibility for practice and/or games based on academic and behavioral reports.

## **PRACTICE-GAME DAY ELIGIBILITY**

If a student has been assigned a detention for the afternoon of a practice or game day, the student must serve the detention. Should the student not attend the assigned detention in an effort to go to practice or a game, an additional detention will be assigned and the student will not be allowed to play in an additional game. A parent request/permission to change detention to an alternate night due to a game will not be honored.

## COACH'S CODE OF ETHICS

The coach shall be aware that he or she has a tremendous influence, for either good or ill, on the education of the student and, thus, shall never place the value of winning above the value of instilling the highest ideals of character. As such, the coach will uphold the following code of ethics in all activities related to the after-school sports program:

1. The coach shall uphold the honor and dignity of the profession in all contacts with students, officials, coaches, coordinators, and administrators.
2. The coach shall take an active role in the prevention of drug, alcohol, and tobacco abuse.
3. The coach shall promote the after-school sports program in harmony with the total school program.
4. The coach shall master and follow the rules of the game and teach them to his/her student athletes.
5. The coach shall exert his/her influence to enhance sportsmanship by spectators.
6. The coach shall respect and support game officials. The coach shall not engage in conduct that could incite players or spectators against the officials. Public criticism of officials or players is unethical.
7. The coach shall meet and exchange cordial greetings with the opposing coach to set the correct tone before and after each event.

## ATHLETIC COACHES' RESPONSIBILITIES

- **The athletic coach is responsible for promoting a safe and positive experience for student athletes at all practices and games.**
  - **The athletic coach is to represent the school and team in a positive and professional manner.**
  - **The athletic coach must closely supervise student athletes while under their care at all times.**
- 1) The coach must ensure the following is part of the first practice:
    - a) Take attendance.
    - b) Share/Explain/Discuss expectations and team rules.
      - Attendance at practices
      - Proper clothing
      - Length of practices; not to exceed 2 hours
      - Practice Times – start and end
        - Where to wait for practice
      - Attitude (on and off the field/court)
      - Behavior – games and practices
      - Care of equipment and uniforms
      - Bus conduct-follow school's rules
        - Must ride on bus to games   **\*\*There are special exceptions\*\***
        - Must have a note from home if not riding on the bus; and a parent must call the school to verify the note. A student is only allowed to ride with his/her parent of guardian.

- 2) The coach must ensure attendance is taken at every practice:
- 3) The coach must be at practice on time
  - Arrive at practice 10 minutes before the starting time so you are there when the students arrive.
  - If you are going to be late, notify the school administration or school sports coordinator so appropriate supervision can be provided.
- 4) The coach must clearly communicate program specifics to student athletes
  - Hand out practice and game schedules.
  - Meet with parents/guardians to share expectations, schedules, etc.
  - Provide advance notice (if possible) of game/practice cancellations
- 5) Distribute and collect uniforms and other equipment issued to students after practice and games; and ensure that duplicate numbers are not on the court/field at the same time. Legal numbers as in basketball have no numbers ending in digits 6 through 9 .
- 6) Provide a list of team members to the After-School Sports Coordinator
- 7) The coach must report student misconduct during practices/games to the site administrator and site sports coordinator for appropriate consequences.
- 8) The coach must promote the proper care of injuries
  - Call **911** immediately for serious incidents.
  - Make sure **first aid kit** and **all emergency and permission forms** are available for all games and practices.
  - Treat each occurrence seriously. Suspend play/practice until resolved.
  - If a student athlete sustains a head injury, do not permit the student athlete to re-enter the game/practice.
  - Head injuries where a practice or game are interrupted require a doctor's note to return to practice and play \*Parent consent is not sufficient.
  - Report injuries, especially any type of head injury, immediately to the parent, sports coordinator, and school administration.
  - **Fill out accident report.**
  - Follow up with school nurse.
- 9) The coach is responsible for arranging and preparing for practices and games
  - Secure all necessary equipment
  - Prepare playing surface – ensure free of debris and safe for physical activity
- 10) The coach is responsible for ensuring that the building is locked and all students have rides home after practices and games.
  - Check all bathrooms, doors and lights prior to leaving.
  - **DO NOT LEAVE UNTIL LAST ATHLETE IS GONE.**
  - **DO NOT DRIVE ATHLETES.**

- 11) The coach is responsible for maintaining and inventorying equipment.
- 12) **Certifications**: Coaches **must** be CPR and First-Aid certified. Coaches must complete NFHS Concussion in Sports Course.
- 13) The coach must make every attempt to become aware of any medical conditions that could impact a student athlete's performance and ability to participate fully in practices and/or games. These conditions include, but are not limited to, asthma, diabetes, muscle strains or sprains, etc.

### **PARENT INVOLVEMENT/CONDUCT CODE**

Cooperation, communication, and support among coaches, athletes, parents and school personnel are essential if students are to realize the values of athletic participation. Like coaches and athletes, parents must make commitments to ensure the success of the after-school sports program and to ensure that the athlete has a positive and enriching athletic experience.

**Confronting a coach/official may lead to your removal from the site and prevent you from attending any future sporting events in the district.**

\* Consequence for parents entering field/court and having confrontation with coach.

- ❖ Typical concerns of parents that are appropriate to discuss with a coach are:
  - Any unhealthy mental or physical strain you detect in your child at home.
  - How you can contribute to your child's skill improvement and development.
  - Any dramatic change you detect in your child's behavior.
- ❖ Typical concerns of parents that are not appropriate to discuss with a coach:
  - Playing time.
  - Team strategy or play calling.
  - Other student athletes.

Should you have any concern, do not approach the coach immediately at the conclusion of a contest or practice. At this time, coaches have other responsibilities and it may be an emotional time. Call Andre Nillo, the district's After School Sports Coordinator to voice your concern at 602-232-4990 x10748. If necessary, the After-School Sports Coordinator will make an appointment for a later time and approach this meeting in a calm, courteous logical matter.

## **STUDENT RESPONSIBILITIES AND EXPECTATIONS**

As an athlete, the student is considered a leader and role model for other students at the school. Each student athlete must conduct him/herself with respect and consideration of others. Student athletes must abide by the behavior guidelines of the school. Students who choose to participate in after-school activities must make a commitment to their team. Any player who chooses to play on a team must also make a commitment to his/her coach and teammates as well as himself/herself in order to remain on the team until the conclusion of the season. A player who does not make a full commitment until the conclusion of the season may not be allowed to participate in any further sporting events for the remaining school year.

Return permission slips and other required forms promptly. It is expected that the student athlete understands and agrees with the following:

1. Attendance at practices and games is very important and is considered criteria for playing time.
2. A good positive attitude and willingness to work and follow directions are expected.
  - Make a commitment to the team over other activities.
  - Make a commitment to the team until the conclusion of the season.
  - Be accepting of his/her honest mistakes.
  - Strive to achieve without placing undue pressure on self or teammates.
  - Recognize and respect the strengths and weaknesses of teammates.
  - Exhibit sportsmanship at all times.
  - Maintain self control at all times.
  - Accept the guidance of teachers and coaches.
  - Respect their teacher and coach and their decisions at all times.
  - Respect the decision of officials.
  - Never criticize coaches, officials, teacher, or fellow teammates.
  - Refrain from offensive or abusive language and actions.
  - Maintain a passing standard in all courses.
  - Follow the Athlete's Code of Conduct.
3. Players will be given schedules for practices and game. Please make sure that the student has given a copy of the schedule to his/her parents. Players are allowed to arrive at practice ten (10) minutes before the start. Players will be admitted to the building at that time. Players should NOT arrive earlier than 10 minutes or disrupt other practices.
4. If a student needs a ride home after practice, he/she should make arrangements beforehand to be picked up promptly after the practice ends.
5. A telephone is available to call for rides home after games.
6. Good nutrition habits are important when one is physically active. The student

- needs to eat well to play their best.
7. Good academic standing and compliance with the eligibility requirements.
  8. Students are not allowed to wear any type of jewelry during practices or games. This includes any parts of the body that are pierced for jewelry. **Taping the jewelry is not an alternative to removal.** \*Only Religious Jewelry may be worn
  9. Students are responsible for their personal property. Do not bring valuables with you to games, on the bus, or practices.
  10. Uniforms are given to the student before games and the student must return uniforms to coach immediately after game. (Student athletes must show modesty – no removing shirts or disrobing in public)
  11. **Students will be bused to all away games. Written permission from a parent or guardian is required if student is not riding the bus, with a confirmation phone call to the school office to verify the note by 12:00 noon. Student is ONLY allowed to ride with a Parent/Guardian.**
  12. Students are required to remain in the gym or on the playing field until it is time to load the bus and return home. The same applies to home games.
  13. Appropriate, sportsmanlike behavior is required while not directly participating. Athletes who are not participating should sit together in an area designated by the coach.
  14. Student participation will be governed by an eligibility policy.
  15. To be eligible to participate or play in the after school sports program, **a student must be in attendance for more than half the school day.** Exceptions include doctor's/dentist's appointments or other extraordinary family situations approved by site administration.

### **ATHLETE CODE OF CONDUCT**

Since athletes are representing the Roosevelt School District and their school, they must follow a code of conduct at all times. The following is the Code of Conduct.

1. Accept the responsibility and privilege of representing the school and community.
2. Make a commitment to the team over other activities.
3. Make academics a priority.
4. Follow the guidelines stated in the athlete general responsibilities.
5. Cooperate with the coach and fellow athletes in trying to promote sportsmanship.
6. Never criticize or disrespect the coach.
7. Respect the judgment and strategy of the coach.

8. Treat opponents with the respect that is due.
9. Exercise self-control at all times and in all places, including in the classroom.
10. Follow the rules and procedures in the school handbook.
11. Respect the judgment of the officials and their interpretations of the rules.
12. Never argue or make gestures indicating dislike with an official's decision.
13. Never be boastful or bitter, accept both victory and defeat with pride and compassion.
14. Congratulate the opponents in a sincere manner following either a victory or defeat.
15. Never taunt an opponent or celebrate an accomplishment in such a manner to "show up" an opponent, demonstrate a lack of respect or provoke another team or its spectators.

### **PLAYING TIME**

The athlete's effort, attendance, participation in practice, teamwork, attitude, as well as the number of students on the team are some of the factors that are considered by the coach when determining playing time. Every effort shall be made to maximize each participant's playing time.

Our goal is to strive for consistency and fairness within each sport. We want all athletes to have a chance to play in game situations and tournament throughout the year. Every effort will be made as the district does not have a mandatory playing rule.

### **SUPERVISION**

1. Athlete should report to the coach or designated area when they are dismissed from their class.
2. Athlete should not leave a site or designated area without permission.
3. Athlete must remain with their coaches at all times.
4. Coaches will be responsible for the supervision of their players.
5. Coaches will remain with their players until all have been picked up.
6. Coaches must be aware of possible weather conditions that may affect them.
7. Coaches must be aware of any possible hazards, which could cause an injury to a player.

### **REMOVAL from a GAME**

If a student athlete becomes involved in any altercation during a game (fighting, cursing, or showing disrespect to a coach or referee), he/she will be immediately removed from the game.

### **SUSPENSION AND REMOVAL FROM THE TEAM OR THE SCHOOL YEAR**

Players must follow certain guidelines while participating for their school. An athlete, who violates the rules listed below, will be suspended or removed from their team.

#### **One Game Suspension**

1. Receiving an in-school suspension notification
2. Receiving a school suspension
3. 2 unexcused tardies from a practice or game
4. 1 unexcused absence from a practice or game
5. Misconduct during practices or games

6. Violation of the Athlete's Code of Conduct
7. If student misses a game while under suspension, the missed game will serve as the one game suspension and there will not be any additional game suspensions given when student returns.

#### **Removal from Team**

1. Athlete becomes ineligible for a second time during the season
2. Athlete is suspended from the team three times
3. Athlete receives three unexcused absences from practices or games
4. Athlete receives a second in-school suspension notification
5. Athlete receives a second school suspension
6. Fighting as defined by the district handbook
7. Excessive inappropriate behavior towards teacher, coaches, teammates, officials, or the opposing team
8. Excessive violation of the Athlete's Code of Conduct

#### **Ineligible for Remaining School Year**

1. Receiving a third school suspension within an academic school year.
2. Becoming ineligible in two previous sports during the school year
3. Receiving a third in-school suspension notification if applicable
4. Leaving the team during the season except for academic reasons

#### **Team Violations**

A team that engages in unacceptable behaviors (e.g. fighting, disrespect, eligibility forms not being completed by coordinator or other coaching staff, or other grave violations that the Athletic Council deems unethical) will be reported to the Athletic Council for review. Consequences of grave violations committed by a team may result in the team's removal from the program for the remainder of the school year.

### **TRANSPORTATION**

Transportation will be provided by Roosevelt School District Transportation Department to and from all athletic contests. During the school day, call 602-304-3120. After hours, contact the District Sports Coordinator for transportation related issues at 602-232-4990 x10748 (Coach Nillo). Coaches call after 4:15 PM if the bus has not arrived to take your team to the game to obtain an estimated time of arrival.

Student athletes are required to use school transportation. **Written permission from a parent or guardian is required if student is not riding the bus, with a confirmation phone call to the school office to verify the note by 12:00 noon. Student is ONLY allowed to ride with a Parent/Guardian.**

Parents are to be at the school upon the conclusion of all practices and games.

## **DISTRICT AND SCHOOL SPORTS COORDINATORS**

The Roosevelt School District After-School Sports Coordinator oversees the athletic program with the goal of maximizing each student's enjoyment of and benefits from the athletic experience. The management tasks and responsibilities of the District After-School Sports Coordinator include communicating game and tournament schedules, supervising, coordinating transportation, and reserving facilities.

The primary role of the School-Based Sports Coordinator is that of facilitator. First, the School-Based Sports Coordinator evaluates and selects coaches for each sports team. Second, by easing the coaches' load of administrative detail, the School-Based Sports Coordinator allows each coach to focus his or her time and energy on guiding and motivating the athletes and teams to achieve their potential. Third, the School-Based Sports Coordinator provides positive direction to the coaching staff and sets the tone and image of the school's athletic program. Fourth, the School-Based Sports Coordinator will handle all necessary paper work involved with each sport (i.e. roster, weekly academic reports, setting up the field and court to ready for games, filing paperwork and assisting the coaches with scorekeepers and bookkeepers).

The School-Based Sports Coordinator schedules practices, provides feedback on the effectiveness of sports personnel hired to assist at games, and assists with facility preparations. Communication from the School-Base Sports Coordinator about sportsmanship, equipment, coaches, officials, parents or anything that may effect the student enjoyment to the District After-School Sports Coordinator.

## **SITE ADMINISTRATION RESPONSIBILITY**

1. One certified school administrator (i.e., Principal, Assistant Principal, or other certified designee) from the host site must be present at all after school sports functions on time.
2. The coach, referee and score/time keeper shall not serve as the acting administrator at an after school sporting event.
3. The administrator-in-charge will promote a safe and positive sporting environment for all students, parents, coaches, and community in attendance at the after-school sporting event.
4. The administrator-in-charge will report incidents to the appropriate school administrator and coordinator of the team involved as well as the district after school sports coordinator.
5. Appropriate actions will be taken for incidents as prescribed in the District Sports Handbook or as deemed appropriate to resolve the situation.
6. Support coaches in sports Parent Night events prior to the first practice of each sport. There must be a Parent Night for each sport with a parent sign in.

**AFTER SCHOOL SPORTS PROGRAM**  
**Acceptance of Coaching Responsibilities**

I, \_\_\_\_\_, agree to coach \_\_\_\_\_ at \_\_\_\_\_ and in doing so, I accept responsibility for adhering to all duties and rules listed in the District Sports Handbook. I will hold myself and my student athletes to a high standard of sportsmanship and I will work with my team to adhere to the code of conduct cited in the Sports Handbook. I also understand that student safety is of utmost concern and it is my responsibility to supervise student athletes at all times and to collect and maintain all required documentation for each student athlete including, but not limited to, medical release (sports physical) and parental permission forms before the first practice or tryout session of the season. In addition, I agree to the following actions:

**Eligibility**

- I will ensure that all of my players are eligible on a weekly basis to participate in practices and games by collecting the district Weekly Classroom Performance Report for each player every Friday throughout the season.

**Practice**

- I will communicate the practice schedule to parents and student athletes prior to the start of the season.
- I will hold at least ten (10) practices, or try outs, prior to the first game to prepare the school team for competition play.
- I will conduct regular weekly practices throughout the season as a means of developing my student athletes' skills and knowledge of the sport.

**Games**

- I understand that games will be scheduled after school Monday through Thursday for regular season play and Friday-Saturday for end-of-season tournament play.
- If, for any reason, I am not able to field a team for a scheduled competition, I will contact the district sports coordinator no later than 11:00 a.m. on game day to report a forfeit.
- I will have in my possession at all games a file that contains student emergency contact forms and Weekly Classroom Performance Reports, as well as a first-aid kit and ice or ice packs.
- I will report tournament scores to the District Sports Coordinator the night of the game.
- I understand if four or less games are played during season and do not participate in tournament/playoffs, my stipend will be reduced.

**Cheerleading**

- I will support teams by attending and cheer at least five (5) games.
- I will attend the Saturday Cheer Competition with or without a participating team.
- I understand if participation at four or less games and or do not participate or help in the competition, my stipend will be reduced.

**By signing below, I agree with the above statements and the District Sport Handbook pertaining to my roles and responsibilities as a sports coach in the Roosevelt School District. I understand that any violation of the guidelines set forth above or in the Sports Handbook may result in a report to my site administrator as well as the District Athletic Council at which time an appropriate consequence will be determined.**

\_\_\_\_\_  
(SIGNATURE)

\_\_\_\_\_  
(DATE)

**Roosevelt School District  
After School Sports Program  
Weekly Classroom Performance Report**

*Classroom performance is a factor in determining student eligibility for the after-school sports program. This weekly eligibility report will be used by the coach to ensure that each student athlete is eligible for practice and games as reflected by: (1) demonstrating passing performance at the individual student's instructional level and (2) submitting all assignments to the teachers. In addition to academic eligibility, the expectation is that student athletes exhibit positive social behaviors in their interactions with teachers and students at the school.*

*Any student who receives a "Needs Improvement" for academic performance or social skills will be considered ineligible to participate until a subsequent report reflects otherwise.*

Student: \_\_\_\_\_ School: \_\_\_\_\_

Week of: \_\_\_\_\_ Coach's Initials: \_\_\_\_\_

<b>Class</b>	<b>Academic Performance</b>	<b>Social Skills</b>	<b>Teacher Signature</b>

Ratings:      O – Outstanding; S – Satisfactory;  
                    M – Making Progress; N – Needs Improvement

**ROOSEVELT SCHOOL DISTRICT #66**

**PARTICIPANT'S CODE OF ETHICS**

**2018-2019**

**NAME:** \_\_\_\_\_ **SPORT:** \_\_\_\_\_

**I hereby pledge to provide a positive attitude and be responsible for my participation in the After-School Sports Program by following this code of ethics:**

I will encourage good sportsmanship/attitude from fellow participants, coaches, officials, and parents at every game, program and practice.

I will attend every practice/game/program that is possible, and will notify my coach/leader if I cannot attend.

I will do my very best to listen and learn from my coach/leader.

I will treat my coach /leader with respect regardless of race, gender, creed, or abilities and I will expect to be treated accordingly.

I will have fun and enjoy my experience while being cooperative and responsible.

I will remain alcohol, tobacco and drug free.

I will encourage my parents or guardian to be involved with my team/activity and to be supportive.

I will remember that after school sports are an opportunity to learn and have fun.

I will keep my weekly academic/behavior progress tracker up to date and turn it in by required deadlines.

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Date

**ROOSEVELT SCHOOL DISTRICT #66**

**PARENTS' CODE OF ETHICS**  
**(National Youth Sport Coaches Association)**

**2018-2019**

I hereby pledge to provide positive support, care and encouragement for my child's participation in the after school sports program following the Code of Ethics.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sport event.

I will place the emotional and physical well-being of my child ahead of any personal desire to win.

I will insist that my child plays in a safe and healthy environment.

I will provide support for coaches and officials working with my child to provide a positive, enjoyable experience for all.

I will demand a drug-free, alcohol-free and tobacco-free sports environment for my child and agree to assist by refraining from their use at all after school sporting events.

I will remember that the game is for children and not for adults.

I will do my best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, gender, creed or ability.

I will promise to help my child enjoy the youth sports experience within my personal constraints by assisting with coaching, being a respectful fan, providing transportation or doing whatever I am capable of doing.

I will require that my child's coach be trained in the responsibilities of being a youth sports coach and that the coach agrees to the youth sports Coaches' Code of Ethics.

I will honor the coach's decision to not allow my child back in the game or to participate in the sport further if my child sustains a potential head injury.

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Parent/Guardian signature**

\_\_\_\_\_  
**Date**

**ROOSEVELT SCHOOL DISTRICT #66**

**SPORTS PERMISSION AND EMERGENCY FORM  
2018-2019**

I/We, the parent(s)/guardian(s) of \_\_\_\_\_ request that Roosevelt School District allow my child to participate in the after-school sports program.

I/We hereby, individually and on behalf of our/my child, release and save harmless Roosevelt School District or any and all its employees from any liability for any harm to my son/daughter as a result of participating in the after-school sports program, including transportation to and from the events.

Sincerely,

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Daytime Telephone

**Check Sports for Participation:**

**Boys:** 1<sup>st</sup> Sport      Volleyball  
          2<sup>nd</sup> Sport        Basketball  
          3<sup>rd</sup> Sport        Soccer

**Girls:** 1<sup>st</sup> Sport      Volleyball  
          2<sup>nd</sup> Sport        Basketball/Cheer  
          3<sup>rd</sup> Sport        Soccer

In case of emergency, please contact:

**Primary**

**Secondary**

Name \_\_\_\_\_ Name \_\_\_\_\_  
Address \_\_\_\_\_ Address \_\_\_\_\_  
Phone \_\_\_\_\_ Phone \_\_\_\_\_  
Cellular \_\_\_\_\_ Cellular \_\_\_\_\_

**Doctor to Be Called In Case Of an Emergency**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_

**ROOSEVELT SCHOOL DISTRICT #66**

**PROOF OF INSURANCE FORM  
(If Required)  
2018-2019**

Student \_\_\_\_\_ Grade \_\_\_\_\_

Be It KNOWN that, I the undersigned parent or guardian of the student above-named, do hereby give and grant unto any medical doctor, hospital or health care provider my consent and authorization to render such aid, treatment, or care to said student, as in the judgment of said doctor, hospital or health care provider may be required on an emergency basis, in the event said student should be injured or stricken ill while participating in an interscholastic activity.

IT IS FURTHER understood that my child has the following medical condition and the school should be aware of in case of an emergency: \_\_\_\_\_

IT IS HEREBY understood that the consent and authorization hereby given and granted are continuing, and are intended throughout the current school year.

IT IS FURTHER understood that insurance or the parent/guardian of the student would pay any expenses incurred. Payment of the expense is not the school responsibility.

DATED the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Parent/Guardian Signature

Family Physician: \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_

Policy/Group # \_\_\_\_\_

Home Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cellular Phone: \_\_\_\_\_

Father's Work Phone: \_\_\_\_\_

Mother's Work Phone: \_\_\_\_\_

**Pre-Participation Physical Evaluation  
Medical History Form**

Name \_\_\_\_\_ Gender \_\_\_\_\_ Age \_\_\_\_\_ Birthdate \_\_\_\_\_

Grade \_\_\_\_\_ School \_\_\_\_\_ Sport(s) \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Personal Physician \_\_\_\_\_

***In case of emergency, contact***

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

- |                                                                                   | Yes                      | No                       |
|-----------------------------------------------------------------------------------|--------------------------|--------------------------|
| 1. Do you have an ongoing medical condition (like diabetes or asthma)?            | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Do you have allergies to medicines, pollens, foods, or stinging insects?       | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Have you ever passed out or nearly passed out DURING exercise?                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Have you ever had discomfort, pain, or pressure in your chest during exercise? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Does you hear race or skip beats during exercise?                              | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Has a doctor ever told you that you have asthma or allergies?                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Do you cough, wheeze, or have difficulty breathing during or after exercise?   | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Have you ever used an inhaler or taken asthma medicine?                        | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Have you ever had a head injury or concussion?                                | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Have you ever had a seizure?                                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. When exercising in the heat, do you have severe muscle cramps or become ill?  | <input type="checkbox"/> | <input type="checkbox"/> |

Explain "Yes" answers.

**I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.**

**Signature of parent/guardian** \_\_\_\_\_

**Date** \_\_\_\_\_

**ROOSEVELT SCHOOL DISTRICT #66**

**MEDICAL RELEASE FORM**

**2018-2019**

NAME: \_\_\_\_\_ GRADE: \_\_\_\_\_

On \_\_\_\_\_, 20\_\_\_\_, our office examined the above-named student.

She/he has received the following recommendation:

\_\_\_\_\_ May participate without limitation in the district After School Sports Program.

\_\_\_\_\_ May participate with the following limitation in the district After School Sports Program:

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, Zip

\_\_\_\_\_  
Telephone

\* Please note: Physical examination must be dated after June 1<sup>st</sup> before the start of new school year.

**ROOSEVELT SCHOOL DISTRICT #66**

**PARENT/STUDENT AGREEMENT FORM**

**2018-2019**

We have read the Roosevelt School District #66's After-School Sports Program Handbook.

We agree to abide by these and all guidelines regarding the After-School Sports Program.

\_\_\_\_\_  
Student Signature

Date\_\_\_\_\_

\_\_\_\_\_  
Parent Signature

Date\_\_\_\_\_